



SOUTH AFRICAN AIRWAYS

A STAR ALLIANCE MEMBER 

Business Class Dinner Menu - LHR to JNB

Canapés

Grilled chicken & Labneh cheese with mint and quince jelly
Prawn & pepper with crème fraîche • Goats cheese with grapes & chive



Peppered Tuna Loin

With citrus marinated butterfly prawns and smoked salmon slice
Served with frisee lettuce and coriander cress

Seasonal Salad

Served with a garnish of Kenya beans, black olives and toasted pine kernels

Soup of the day



Braised Beef Cheeks

Accompanied by mashed potatoes
Served with turned buttered carrots, yellow courgette and green beans

or

Roasted Chicken Breast

Served with yellow pilau rice, roasted root vegetables
and a tarragon and mustard sauce

or

Roast Salmon

With fusilli pasta, asparagus and cherry tomato
Served with creamy citrus and basil sauce

or

Goats Cheese and Black Olive Pasta

Served with roasted pumpkin and courgette sauce



Baked Vanilla Cheesecake

Served with blackcurrant compote and fresh raspberries

or

Praline Truffle

Served with dark chocolate sauce and a fresh blackberry



Assorted Cheeses and Crackers

New Menu - onboard until 30th November 2016



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Business Class Breakfast Menu

Selected Fruit Juices



Fresh Fruit Salad

A selection of seasonal fresh fruit



Continental Breakfast

A selection of cold meats and cheese

or

Scrambled Eggs

With cumberland sausage and hash brown nuggets
Served with baked beans and grilled tomato



Selection of Yoghurts



Cereal

A choice of muesli or cornflakes



Bread Basket

Filled with an assortment of rolls, croissant and pastries
Served with butter, jam, honey and marmalade

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