



SOUTH AFRICAN AIRWAYS

A STAR ALLIANCE MEMBER 

Economy Class Dinner Menu - JNB to LHR

Creamy Pasta Salad



Beef Curry

Served with sautéed mushrooms and mixed pepper pulao

or

Chicken Stroganoff

Yellow rice and chunky mixed vegetables

or

Fettuccine

Accompanied by roasted tomato, snow peas and pecorino sauce



White Chocolate Cake



Cheese and Crackers

Economy Class Breakfast Menu

Fresh Seasonal Fruit Salad



Spring Onion and Cheese Frittata

With grilled beef sausage, cocktail tomatoes, sautéed mushrooms

or

Continental Breakfast

A selection of cold meats and cheeses